We claim:

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- 1. An absorbent article comprising:
 - a) a liquid permeable bodyside cover;
 - b) a liquid permeable garment side liner;
 - c) an absorbent core enclosed by said cover and said liner; and
 - d) a pair of fringes formed by joining said cover to said liner which extend laterally outward from said absorbent article, said pair of fringes capable of being biased upward to form a pair of upstanding side walls when placed in an undergarment, said pair of upstanding side walls forming a pair of reservoirs located adjacent to said absorbent core, said pair of reservoirs being capable of retaining body fluid that has run off of said bodyside cover until said body fluid can be absorbed by said absorbent core.
- 2. The absorbent article of claim 1 wherein said liquid permeable bodyside cover has a predetermined liquid permeability and said liquid permeable garment side liner has a liquid permeability equal to said liquid permeability of said bodyside cover.
- 3. The absorbent article of claim 1 wherein said bodyside cover and said garment side liner are formed from the same material.
- 4. The absorbent article of claim 3 wherein said bodyside cover is spunbond.
- 5. The absorbent article of claim 4 wherein said spunbond has a basis weight of from about 0.3 osy to about 1.0 osy.
- 6. The absorbent article of claim 3 wherein said garment side liner is spunbond.
- 7. The absorbent article of claim 6 wherein said spunbond has a basis weight of from about 0.3 osy to about 1.0 osy.
- 8. The absorbent article of claim 1 further comprising an impediment layer positioned between said absorbent core and said garment side liner, said impediment layer capable of slowing the downward movement of body fluid from said absorbent core to said garment side liner.

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- 9. The absorbent article of claim 8 wherein said impediment layer is formed from an adhesive.
- 10. An absorbent article comprising:
- a) a liquid permeable bodyside cover having a predetermined liquid permeability;
 - a liquid permeable garment side liner having an exterior surface with an attachment means secured thereto, said attachment means designed to be adhered to a primary absorbent undergarment, and said liner having a liquid permeability equal to said liquid permeability of said bodyside cover;
 - c) an absorbent core enclosed by said cover and said liner; and
 - d) a pair of fringes formed by joining said cover to said liner which extend laterally outward from said absorbent article, said pair of fringes capable of being biased upward to form a pair of upstanding side walls when placed in an undergarment, said pair of upstanding side walls forming a pair of reservoirs located adjacent to said absorbent core, said pair of reservoirs being capable of retaining body fluid that has run off of said bodyside cover until said body fluid can be absorbed by said absorbent core.
- The absorbent article of claim 10 further comprising an impediment layer
 positioned between said absorbent core and said garment side liner, said impediment layer capable of slowing the downward movement of body fluid from said absorbent core to said garment side liner.
- 12. The absorbent article of claim 10 wherein said absorbent core has an outer periphery and said pair of fringes extends partially along said outer periphery.
 - 13. The absorbent article of claim 12 wherein said absorbent core has a predetermined height and each of said pair of fringes has a width dimension that is greater than the height of said absorbent core.
 - 14. The absorbent article of claim 10 wherein said pair of upstanding side walls are free of elastics.
- The absorbent article of claim 10 wherein each of said pair of fringes has a width dimension that ranges from about 5 mm to about 25 mm.

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- 16. The absorbent article of claim 10 wherein said absorbent article is secured to said undergarment by a hook fastener.
- 17. An absorbent article comprising:
 - a) a liquid permeable bodyside cover having a predetermined liquid permeability;
 - a liquid permeable garment side liner having an exterior surface with a
 garment adhesive secured thereto, said garment adhesive designed to be
 adhered to a primary absorbent undergarment, and said liner having a liquid
 permeability equal to said liquid permeability of said bodyside cover;
 - c) an absorbent core enclosed by said cover and said liner to form an absorbent pad having a crotch portion; and
 - d) a pair of fringes formed by joining said cover to said liner which extend laterally outward from said absorbent core, said pair of fringes capable of being biased upward at least in said crotch portion to form a pair of upstanding side walls when placed in an undergarment, said pair of upstanding side walls forming a pair of reservoirs located adjacent to said absorbent core, said pair of reservoirs being capable of retaining body fluid that has run off of said bodyside cover until said body fluid can be absorbed by said absorbent core.
- 20 18. The absorbent article of claim 17 further comprising an impediment layer positioned between said absorbent core and said garment side liner, said impediment layer capable of slowing the downward movement of body fluid from said absorbent core to said garment side liner.
- 25 19. The absorbent article of claim 18 wherein said impediment layer is formed from an adhesive.

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- 20. The absorbent article of claim 17 wherein said liner has an exterior surface and a portion of said exterior surface has a non-skid surface that contacts said undergarment.
 - 21. The absorbent article of claim 17 wherein said absorbent article has a crotch width dimension that is less than about 150 mm.
- The absorbent article of claim 21 wherein said absorbent article has a crotch width dimension that is less than about 110 mm.

23. The absorbent article of claim 17 wherein said absorbent core includes at least two absorbent layers.